

**Outline – September 13, 2020**  
**Genesis 26:3-8; 37:3-11**  
**Return To The Family (This Is Us)**  
**Ephesians 5:33; 6:1-4**

**The (Our) Family Is Crucial To Our Welfare**

- I. The power of the family**
  - A. God created humanity and put humanity into a family
    - 1. The need for attachment
    - 2. The need for relationship
    - 3. The need to love and belong
  - B. Walking with God
- II. The purpose of the family**
  - A. Your soul is like a sponge you absorb much from your family
    - 1. Good or bad
    - 2. Right or wrong
  - B. Family shapes how you live and relate
    - 1. How you see the world
    - 2. How you see God
    - 3. How you resolve conflict
    - 4. How you see opposite gender
    - 5. How you see marriage
- III. The problem every family faces (Dysfunction Junction)**
  - A. All families everywhere (Real life, Bible, T.V.) struggle with dysfunction.
    - 1. "This is us"
      - Jack- sensitive father – struggles with alcohol
      - Rebecca – sensitive mom – favoritism
      - Kevin – athlete, actor – addiction
      - Randall – Genius, anxiety – savior complex
      - Kate – weight problems – insecure
    - 2. Biblical families
    - 3. Jesus ancestry
  - B. Seven dysfunctions in most families (things that cause dysfunction)
    - 1. Imbalance (overly connected, seasonal, favoritism)
    - 2. Deception (the secret)
    - 3. Control (domination, overreacting)

- 4. Inability to resolve conflict
  - 1. Ignore it
  - 2. Pretend it didn't happen
- 5. Broken relationship (no forgiveness)
- 6. Lack of direction (no vision)
- 7. Lack of giving and receiving love

**IV. Why we must return to the family**

- A. We need a foundation of attachment and relationship
- B. We need what families provide
  - 1. Protection
  - 2. Provision
  - 3. Boundaries
  - 4. Blessing
- C. We need a place where children have training, coaching
- D. We need a place where evangelism, mission begins
- E. We need a place where love and grace rule

**V. How do we return to the family**

- A. Recognize though not perfect, it is to be priority
- B. Be willing to be open
  - 1. Admit brokenness
- C. Strive to make it safe
  - 1. Physically
  - 2. Emotionally
  - 3. Spiritually
- D. Be able/willing to forgive
  - 1. Grace
  - 2. Mercy
- E. Seek wisdom and counsel
- F. Seek the grace of God found in Jesus
- G. Be willing to break the cycle

**The Family**  
**The Family Of God**  
**The Family You Create Is Crucial To Your Life**

**It's time To Return To The Family**