

Facing The Giant Of Fear

January 11, 2026

Numbers 13:27-33; 14:1-9

The Past 25 Years Have Produced A Family Of Giants Called Fear

I. The fears we face today

(Jesus spoke of humanity being in fear in the last days)

- A. Fear of terrorism
- B. Fear of weather
 - 1. Katrina, Ida
 - 2. Floods
 - 3. Tornados
- C. Fear of pathogens
- D. Fear of war
- E. Fears of what we might lose
- F. Fears of failure
- G. Fears of losing control

II. Fear is a real experience

- A. It is living without optimism or hope
- B. It is facing uncertainty
- C. It is feeling vulnerable
- D. It is a sign of living in a broken, toxic world
- E. Is past wounds resurfacing

III. Great people of faith struggled with fear

- A. Elijah feared Jezebel
- B. Peter & disciples feared a storm on the sea
- C. David was afraid when King Saul wanted to kill him

IV. What does fear do to us?

- A. Robs us of opportunities & potential
- B. Impacts our relationships
- C. It impacts our future
- D. It impacts our spiritual life
 - 1. Creates doubt
- E. It impacts our psychological well-being
 - 1. Depression
- F. We feel defeated & off balance

V. How do the giants of fear do this?

- A. Fear has a voice
 - 1. The spies/reconnaissance mission said we can't do it
 - 2. They minimized God
 - 3. They maximized the giants
 - 4. Nephilim were frightening
- B. Fear creates forgetfulness
 - 1. We forget what God has done for us
 - 2. We forget who we are in Messiah
 - 3. We forget who we belong to & follow
 - 4. We forget the blessings God has provided
- C. Fear creates drama, complaining, panic, & irrational behavior
 - 1. When drama occurs, problems aren't solved
 - 2. Complaining leads to rebellion by doing things contrary to the Word of God
 - 3. Rebellion leads you back to bondage
- D. Fear paralyzes us, which creates failure

VI. The cost of fear

- A. For the people of Israel an entire generation missed The Promised Land
 - 1. Fear will cause you to miss God's will for your life
 - 2. Fear will cause you to miss God's best for your life
 - 3. Fear will cause you to miss God's purpose for your life
 - Or -
- B. Fear may prolong your journey
- C. Fear doesn't just delay blessing, it may prevent it
 - The question is not whether fear will come, but what we do when it does

VII. How do we face the giants of fear?

- A. God is brought into the equation
 - 1. God's presence is powerful - Joshua 1:9
 - 2. "I am with you"
 - 3. Fear is something God overcomes within us
- B. Fear weakens when we bring it into the Light of Christ
 - 1. Fear thrives in darkness & in silence
 - 2. Fear shrinks when fear is confessed
 - 3. We pray honestly, we include others, we wash our mind with God's Word
- C. Joshua & Caleb remembered what God did in Egypt
 - 1. Egypt defeated
 - 2. Red Sea parted
 - 3. Daily provision
- D. Paul writes to Timothy - 2 Timothy 1:7
 - 1. God gives us power

- 2. God loves us perfectly
- 3. God gives us a sound mind
 - a. Rational, confident, sensible, & responsible
- E. This produces the thing that frightens fear
 - 1. Faith
 - 2. Confidence
 - 3. Hope

VIII. When the giant of fear falls

- A. You go into the blessing God has for you
- B. You are endowed with God's power
- C. You are enriched with God's love - perfect love casts out fear
- D. You are enlightened with a sound mind

Don't Let The Giant Of Fear Rob You This Year