

Outline – November 15, 2020
Matthew 7:24-29; 2 Corinthians 10:5-7
Not Being Your Own Persecutor
(How Not To Be Your Own Worst Enemy)
2 Samuel 24:2-12

The Ideas/Decisions That We Thought Were Good At The Time,
But Were Not (We Are Our Own Worst Enemy)

- I. **What 2020 has produced in us**
 - A. Feeling vulnerable
 - B. Feeling uncertain
 - C. Feeling anxious and depressed
 1. Pandemic
 2. Hurricane season (worst ever)
 3. Divisive election
 4. Rioting in street
 5. Economic uncertainty

- II. **Our response to 2020**
 - A. Unhealthy, unwise decisions
 - B. Decisions that negatively impact our lives
 1. Finances
 2. Marriage
 3. Career
 - C. Here is a hard truth
 1. You have participated in all your bad decisions
 2. We were the masterminds behind our bad decisions
 3. Every single bad decision is always the first step toward becoming your own worst enemy
 4. Every habit begins with the 1st time. Every pattern begins with the 1st line. Every journey begins with the 1st step.

- III. **What are the results of our poor choices, bad decisions, and unwise actions?**
 - A. Intrusive thoughts
 - B. Out of control anxiety
 - C. Depressed mood
 - D. Desire to over control
 - E. Doubtful (believing the lies)

- IV. **The 10 primary symptoms (manifested) of our unwise choices and decisions**
 - A. Feel like a failure
 - B. Feel God doesn't care
 - C. Relationships fall apart
 - D. Fearing of leaving home

- E. Feeling life has lost it's purpose
- F. Believing this decision will forever define us
- G. We will never be able to move past this
- H. There is no forgiveness for me
- I. Doubt is overwhelming
- J. Not wanting to live anymore

V. How do we manage this? (10 things)

- A. Let the truth set you free
- B. Take captive every thought
- C. Let grace give you a new start
- D. Do not worry alone
- E. Recognize an event does not have to forever define you
- F. Expose your fears
- G. Dream with goals
- H. Remember it's not how much you have, it's what you do with what you have
- I. We can do all things through Christ
- J. Pay attention to the tension

VI. Pay attention to the tension

- A. What is God's voice saying to you?
- B. What's God's wisdom saying to you?
- C. What's God's Word saying to you?
- D. What's God's Spirit saying to you?
- E. What's God's will saying to you?
- F. What story do you want to tell one day?
- G. When we listen and pay attention to the tension. we stop being our own worst enemy

Stop Persecuting Yourself

Stop Doing Things That Hurt Yourself

Let God's Grace Give You A New Beginning