

Outline – January 8, 2023
Romans 12:1-2, 2 Corinthians 4:3-6
Renewing Our Minds

What Was I Thinking?

- I. **That is the most unanswered question**
 - A. Everyone told me not to
 - B. I know I couldn't afford it
 - C. I should have seen this coming

- II. **We are what we think (Proverbs 23:7)**
 - A. We become what we believe
 - B. Thoughts of faith, fear and failure run through our mind
 - C. The mind is a battlefield an ongoing war of fear, failure, and frustration

- III. **This battle in the mind is real and has consequences when it's lost**
 - A. Blinded to truth
 - B. Deceived in life
 - C. Strongholds in our life are created
 - D. Satan tries to shape our thinking
 - 1. You can't trust God
 - 2. You don't need God
 - 3. This isn't true
 - 4. Do what you want
 - 5. You only go around once
 - E. This is why getting your mind right is crucial
 - F. Change your thinking you change your life

- IV. **What we must know about our mind**
 - A. Our lives are always moving in the direction of our strongest thoughts
 - B. Toxic thinking will impact your life
 - C. We believe the lies that we tell ourselves, and others tell us
 - 1. If I find the right person, I will be happy
 - 2. My situation is unique so I can dodge the rules
 - 3. Even though it's not right, doesn't God want me to be happy?
 - 4. If only I had this, I would be happy and content
 - 5. It's o.k. to keep my secret to myself
 - 6. It's o.k. to meet a legitimate need in an illegitimate way
 - 7. Maybe the Bible was wrong about that...

- V. **How do we keep from making the same mistakes year after year?**
 - A. Renewing of your mind

1. Don't be conformed
 2. Be transformed
 3. Who I listen to changes how I think
- B. Scrape off the old ways of thinking
- C. Do a thought audit
1. Worry or peace
 2. Negative or positive
 3. Expect worse or believe best
 4. Critical or compliment
 5. Me or others
 6. Glorify me or glorify God
 7. Invest in world or invest in God's Kingdom
- D. Cannot have a positive life with a negative mind

VI. What we can do to renew our minds

- A. Ask: What is the greatest stronghold holding you back?
- B. Create new paths in your life
- C. Name the truth that demolishes the stronghold
1. Many live a life built on a lie
 2. You can't defeat what you don't define
- D. We are called to break down strongholds
1. Capture thoughts
 2. Name the problem
 3. Change how we face it
- E. Conform our mind to the Word of God
- F. Put action to our knowledge
- G. Change direction of our life

VII. Get off the old path onto a new

- A. Renewing our mind
- B. Changing our distorted view
1. Of God
 2. Of Messiah
 3. Of church
 4. Of self
 5. Of relationships

**Live Out God's Grace By
Renewing Your Mind**